### Live your way



Choose Home Care as individual as you

ageuphealth.com.au



## Live well and happy at home, where you belong.

With Home Care that's as individual as you by a team that's always:



#### Connected

Ongoing communications comes as standard at Age Up Health, with regular check-ins to keep you, and your family, in the loop at all times.

#### Clear

We keep it simple with clear fees, the same friendly faces each time we visit & flexibility to make changes anytime.

#### Responsive

Speak directly to your care partner. We provide you with direct mobile access, so you can always get the help you need.

#### Close by

Our own support workers and care team are locals just like you, so we're never far away when you need us.







Living & working in your neighbourhood – so you always enjoy personal care & support from a team that's close by.



# Choose services to stay well and happy at home



#### Household upkeep

Cleaning, household chores & shopping

Gardening clean-up & maintenance for safer homes

#### Home modifications

Safety equipment to make life easier

Bathroom & home modifications to keep you safe

#### **Health & nutrition**

Meal preparation & food delivery services

Dementia care, allied health, nursing, medication management & more

#### Social activities

Enjoy company & conversation

Transport services & help getting to social events & activities.

#### Personal care

Grooming & dressing to feel at your best

Showering, hygiene & toileting supports

#### Respite care

A range of options are available to support regular carers and family members to take a break



## Reliable service, clear communication

We keep it simple, with direct contact to your Care Partner and services carefully planned to meet your everyday support needs.

With us, there's no long delays or call centres – just real people ready to take your call and help get your services moving! O1 No call centres

O2 Call your Care Partner direct

03 Own support staff

O4 Same or next day response

#### **Backed by Kinyara Health**

Ensuring the highest standards & handling the business of care, so we've got more time for you.



Learn more about care teams →





## A care team matched to your needs

Together your care partner and service coordinator ensure you're getting the right support at times to suit you – with carers & services in place to make days easier.

#### Care partner team

#### Care partner role:

Initial needs assessment

Care plan development

Budget planning & management

Advice, help & support

Care reviews & check ins.

#### Service coordination:

Scheduling carers & support staff

Coordinating service changes

#### Care & services team

#### Care team roles:

Friendly support team offering help with daily activities

Medication support services

#### Service providers:

Gardening services

Home building & maintenance suppliers

Nursing & allied health professionals

If you have questions or would like general advice, call or book a time to talk with our Home Care Specialists



1300 254 326

info@ageuphealth.com.au



Age Up Health provides Home Care fundings as individual as you, so you can live well and happy at home, where you belong.

With us, it's simple: a single fee and the same friendly faces each time. We'll help you shape home care to suit you and give you the flexibility to make changes anytime

Ongoing communication comes standard at Age Up Health, with regular check-ins to keep you, and your family in the loop at all times. With personalised services for every budget, Age Up Health aims to keep you feeling happy, healthy and free, long into your future. Live your way.



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