

Live your way



Choose a Home Care Package
as individual as you



Continuous care is part of all Age Up packages



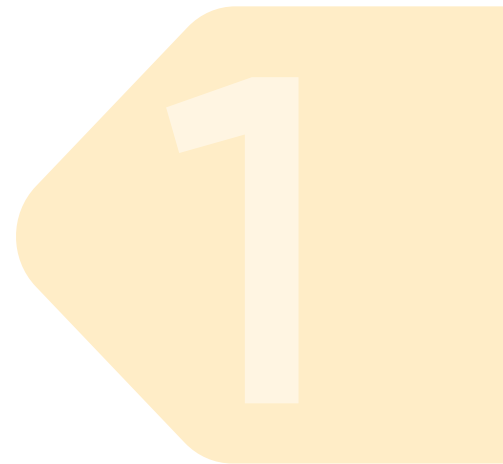
Supporting all
Home Care Packages

**Levels
1-4**

For anyone needing
a little help through
to advanced health
management

We start with

a great plan and regular communication, and do everything we can to help you live happily and well at home.



All packages include:

Advice



Home Care
Package advice

Planning



Regular care planning
reviews (2 X industry
standards)

Flexibility



Flexible Care Plans you
can change anytime

Check-ins



Ongoing progress checks
& phone consultation

Networks



Access to top health
professionals & carefully
vetted service providers

Budgeting



Budget planning
& management



Then you choose

the support and services you need each week or fortnight, to create a plan that suit you.

Spend on what matters most to you

Choose from services such as:

Lifestyle & social

Personal shoppers & assistance

Fitness & wellness classes

Transport services

Computer education

Companionship and hobbies

Home safety & support

Home & garden maintenance

Home safety modifications

Meal services

Cleaning & laundry

Mobility and dexterity devices & help

Health care management

Medication support & pain management

Respite care

Help with medical aids (hearing/vision)

Allied Health Services, such as osteopathy, podiatry, chiropractic, physiotherapy

Simple fees and costs



We keep it simple: a single fee for your care management, and services matched to your needs with the same friendly faces for every shift.

There are no restrictions on services, and no hidden costs or unexpected surprises.

- ✓ No daily fees
- ✓ No travel fees
- ✓ No outside service provider fees
- ✓ No exit fees
- ✓ No extra care management fees

Level 2

Example

Monthly budget Home Care Package

\$1323.13

Item	Quantity	Cost p/hr	Total
Care management Age Up Health	(27%)		\$357.25
Care companion support	12hr	\$59.50	\$714.00
Podiatry	1hr	\$115	\$115.00
Gardener	1hr	\$100	\$100.00
Total cost of service			\$1286.25
Balance			\$36.88



Your care companion is matched with you

depending on your interests, preferences, personality and location.



Care manager

Initial needs assessment

Care plan development

Budget planning & management

Organising service requests & health providers

Care reviews & progress check-ins



Care companion

Same friendly faces every shift

Help with health appointments

Help with meals, activities, chores & personal care

Respite care, medications & pain management

Transport, shopping trips & errands

If you have questions or would like general advice, call or book a time to talk with our Home Care Specialists

See see next page for contact details



Age Up Health provides Home Care Packages as individual as you, so you can live well and happy at home, where you belong.

With us, it's simple: a single fee and the same friendly faces each time. We'll help you shape home care to suit you and give you the flexibility to make changes anytime.

Ongoing communication comes standard at Age Up Health, with twice the care reviews than industry standards and regular check-ins to keep you, and your family in the loop at all times.


Age Up Health also gives you access to top health professionals and carers, and a diverse network of resources to support your independence. With personalised services for every budget, Age Up Health aims to keep you feeling happy, healthy and free, long into your future. Live your way.



Contact us

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